

Prayer for Courage

Lord, I come to you as a single mother. It is so difficult to be alone at a time like this. I yearn to share the mystery that is unfolding within me. I want someone to share the joy, excitement, and expectation that I feel. At the same time, I want to share my fears, frustrations, and anxieties with someone who will give me courage and peace.

I know the life I carry is a precious gift to be nurtured and revered. Yet I worry about what others will think, feel, and say. I feel guilty and sad, not knowing with whom I can share my concerns. I know you love me and my child, Lord. I believe that you are present, forming the tiny body within my womb. It is your child, created in your image and destined to share life with you for all eternity. Help me, Lord, not to give in to my feelings of sadness. Allow me to enter into my pregnancy with joy and excitement for the new life I carry.

Give me courage to face others with confidence and openness. Let me trust in the kindness, compassion, and love of my family and friends. Prepare me for all the decisions I must make. Let me learn from this experience to be gentle, nonjudgmental, compassionate, and loving toward all who need me. I thank you, Lord, for the gift of my child and for the joy that my child will bring into the world.

AMEN.