

CATHOLIC HEALTH SERVICES

Maternity Services

Catholic Health Services (CHS) is a leading provider of quality obstetric/gynecologic care, in accordance with the Ethical & Religious Directives of the U.S. Conference of Catholic Bishops. The system offers a wide range of clinical expertise to women and their families. These programs include highly skilled obstetrical services, maternal fetal care, prenatal care, labor and delivery, and other life-affirming services.

Maternity services are available at Good Samaritan Hospital Medical Center in West Islip, Mercy Medical Center in Rockville Centre, St. Catherine of Siena Medical Center in Smithtown and St. Charles Hospital in Port Jefferson. Also, CHS has an array of physician practices and clinics in Nassau and Suffolk, such as the highly specialized Gianna Center of Long Island for Women's Health & Fertility and the Bishop McHugh Health Centers in Babylon and Hicksville. In addition, Gabriel's Courage assists families who have received a diagnosis of anencephaly, inoperable cardiac abnormalities or other life-limiting perinatal conditions.

Good Samaritan's BirthPlace offers private rooms at no extra cost. A robust perinatal education program includes classes for expectant parents and families. Good Sam's award-winning breastfeeding program is staffed by certified breastfeeding counselors and board certified lactation consultants. The Level III Neonatal Intensive Care Unit (NICU) is the only facility on Long Island to feature NICVIEW cameras, allowing loved ones to watch live-streaming video of their newborn. The hospital also hosts the free, 10-week, postpartum Mother's Circle of Hope (also offered at St. Catherine), among other support groups.

St. Catherine is the first Baby-Friendly® Designated hospital in Suffolk, with staff encouraging breastfeeding as the optimal source of nourishment for newborns. The rooming-in option is supported, and certified breastfeeding counselors offer complimentary lactation services. The hospital's Labor & Delivery Unit has five birthing rooms, two operating rooms and a recovery room, and the NICU provides specialized care for newborns. The Newborn Nursery was renovated, as was the Postpartum Unit, and includes private rooms.

Mercy's Mother Baby Unit offers private rooms, free Wi-Fi and continental breakfast every morning, with certified breastfeeding coaches and lactation specialists on staff. The hospital has the only Level III NICU on the south shore of Nassau, where advanced care is provided by a team of specialists, such as neonatologists, pediatricians and respiratory therapists. Childbirth preparation, baby/child CPR and other classes are available, as well as tours of the Maternity Wing and Labor/Delivery/Recovery, plus a free breastfeeding support group. Also, Mercy is home to the Family Care Center, a full-service outpatient OB/GYN and pediatric clinic.

St. Charles earned the 2018 Women's Choice Award for obstetrics. Its Obstetrical Unit has six modern birthing rooms and two state-of-the-art operating rooms. A neonatologist, neonatal nurse practitioners and other specialists make up the NICU's interdisciplinary team. Private rooms are available, with bath, phone, TV and wireless connection. A complimentary, three-course "dinner for two" is served the night before discharge. In addition to new mother support groups, classes include breastfeeding, Lamaze, prenatal/postnatal exercise, breastfeeding and infant CPR.

In collaboration with Catholic Charities, help is available for an unexpected or crisis pregnancy. Please call 1 (855) 301-4CHS or after hours/weekends 1 (800) 712-HELP (4357).

All six CHS hospitals are Safe Haven sites, where babies can be safely relinquished. Under the sponsorship of the Diocese of Rockville Centre, CHS is committed to upholding the sanctity of life.

For more information about CHS, please call 1-855-CHS-4500.

Mission Statement

We, at Catholic Health Services, humbly join together to bring Christ's healing mission and the mission of mercy of the Catholic Church expressed in Catholic health care to our communities.



 **Catholic Health Services**
of Long Island
At the heart of health
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St. Catherine of Siena Medical Center • St. Joseph Hospital • Catholic Home Care
Good Samaritan Nursing Home • Good Shepherd Hospice • Our Lady of Consolation Nursing & Rehabilitative Care Center
Maryhaven Center of Hope • St. Catherine of Siena Nursing & Rehabilitation Care Center