

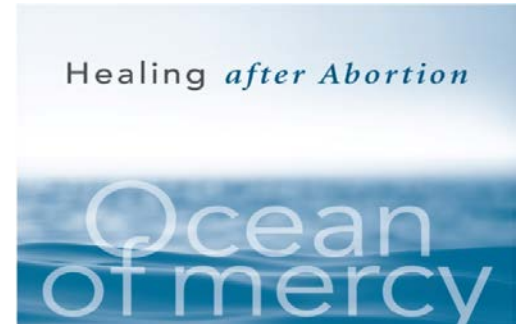
If you have suffered from abortion, you may be experiencing:

Guilt, shame, anxiety, depression, nightmares, substance abuse, eating disorders, suicidal thoughts. These are some of the symptoms of Post-Abortion Stress. The pain is real, but you do not have to suffer alone. Our God of Mercy wants to heal you and give you the peace He desires you to have. There are people dedicated to helping you— do not be afraid to reach out for help.

The Sisters of Life walk in solidarity with those suffering after abortion on the journey of healing.

The Sisters host monthly Days of Prayer and Healing, monthly Gatherings, and Hope and Healing Weekend Retreats. These events are opportunities to experience the loving mercy of God in a safe and sacred space.

All retreats are led by the Sisters of Life and women who have experienced both the suffering of abortion and the joy of healing in Christ. The retreats are directed by faithful priests who have a sensitivity and a heart for those who suffer. They include witnesses of mercy, Scripture sharing, personal prayer, opportunity for Sacramental Confession, and the Holy Sacrifice of the Mass.



Entering Canaan Days of Prayer and Healing for Women

(Developed by Theresa Bonopartis with the Sisters of Life)

Entering Canaan DAYS OF PRAYER & HEALING for Women

Saturday, October 8, 2016
Saturday, October 22, 2016 (in Spanish)
Saturday, November 19, 2016
Saturday, December 10, 2016
(Long Island)
Saturday, January 14, 2017
Saturday, February 4, 2017 (in Spanish)
Saturday, March 18, 2017
Saturday, April 8, 2017
Saturday, May 20, 2017

Entering Canaan DAYS OF PRAYER & HEALING for Men

Saturday, October 29, 2016

For more information or to register contact

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866.575.0075

(toll free) | hopeandhealing@sistersoflife.org

or Theresa Bonopartis:

877.586.4621

(toll free) | Lumina@postabortionhelp.org

For more information or to register contact

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