

EVERY LIFE IS WORTH LIVING



Whether it lasts for a brief moment or for a hundred years, each of our lives is a good and perfect gift. At every stage and in every circumstance, we are held in existence by God's love.

Our relationships on earth are meant to help us and others grow in perfect love. We are meant to depend on one another, serve each other in humility, and walk together in times of suffering.

An elderly man whose health is quickly deteriorating; an unborn baby girl whose diagnosis indicates she may not live very long; a little boy with Down syndrome; a mother facing terminal cancer—each may have great difficulties and need assistance, but each of their lives is a good and perfect gift.

Experiencing suffering—or watching another suffer—is one of the hardest human experiences. But we are not alone. Christ experienced suffering more deeply than we can comprehend, and our own suffering can be meaningful when we unite it with his.

Jesus is with us every step of the way, giving us the grace we need. God invites us to embrace the lives we have been given, for as long as they are given. Every life is worth living.



RESPECT LIFE

First-hand stories: www.usccb.org/respectlife