

DIOCESE OF ROCKVILLE CENTRE
Respect Life Office

Don't let your past be an
obstacle between you and God.

You are not alone
"Hope"

"Trust"

"Healing"

hope
&
healing
after abortion

project rachel
Peace Starts Here

"Restored"

"Forgiveness"

www.hopeafterabortion.com
1(888) 456-HOPE
4673 Confidential Help

Project Rachel

Hope & Healing after Abortion

"God alone is the Lord of life from its beginning.

"I would now like to say a special word to women who have had an abortion... do not give in to discouragement and do to lose hope...the Father of mercies is ready to give you His forgiveness and His peace in the Sacrament of Reconciliation." (Evangelium Vitae no. 99, John Paul II)

Project Rachel is a network of specially trained, compassionate caregivers, including counselors and clergy, who are prepared to assist those who suffer from abortion loss.

For anyone suffering abortion loss

- Project Rachel **Hope After Abortion** - hopeafterabortion.com
- Call the Respect Life Office's **confidential phone line: 1-888-456-HOPE (4673)** En Español
- En Español: **Esperanzaposaborto.org**
- Visit Respect Life Office website respectlife.drvc.org for more information.

For anyone suffering Crisis Pregnancy

One-call outreach program To provide assistance for an unexpected or crisis pregnancy call 1 (855) 301-4CHS or visit www.chsli.org/pregnancy-support-services

Visit OPTIONLINE.ORG for Pregnancy Options & Resources

Call the 24-hour for National Hotline: 1-800-712-HELP (4357)

For more information or a list of [Crisis Pregnancy Centers](#) and [Maternity Residences](#) visit respectlife.drvc.org